

MEGA swim 26: Session: 2: COACH evaluation sheet for TEAM: DZO

Coachinfo: Warming up from: 13:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Hecke Maxim

Coaches: Boel Joke HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 12: 100M BREASTSTROKE MEN 11-16

Heat:6, starttime: 16:05

Heat: 6/17 Lane : 6 Athlete: CLEYNENS STAF

Q-time: 01:48:46

PB (50m pool): 01:48.46 Antwerpen 13/07/2025

PB (25m pool): 01:48.48 SB: no time

	5 0 M	1 0 0 M	
PB	00:52.04	01:48.46	
	00:52.04	00:56.42	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16

Heat:3, starttime: 16:30

Heat: 3/20 Lane : 0 Athlete: KERREMANS MAÏTÉ

Q-time: 01:30:65

PB (50m pool): no time

PB (25m pool): 01:30.65 SB: no time

	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16

Heat:4, starttime: 16:35

Heat: 4/20 Lane : 7 Athlete: JANSSENS ANNELOE

Q-time: 01:25:19

PB (50m pool): 01:31.69 Lago Gent Rozebroeken 04/05/2025

PB (25m pool): 01:25.19 SB: no time

	5 0 M	1 0 0 M	
PB	00:43.13	01:31.69	
	00:43.13	00:48.56	
			

Coach feedback:

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Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:5, starttime: 16:35
Heat: 5/20 Lane : 9 Athlete: CEULEMANS AMINA			Q-time: 01:23:48
PB (50m pool): 01:23.48 Antwerpen 13/07/2025			PB (25m pool): 01:21.48 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.40	01:23.48	
	00:39.40	00:44.08	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:6, starttime: 16:35
Heat: 6/20 Lane : 5 Athlete: VAN GEERT MARTHE			Q-time: 01:20:33
PB (50m pool): 01:20.33 Antwerpen 13/07/2025			PB (25m pool): 01:21.02 SB: no time
	5 0 M	1 0 0 M	
PB	00:38.53	01:20.33	
	00:38.53	00:41.80	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:9, starttime: 16:40
Heat: 9/20 Lane : 9 Athlete: HOFMAN LILY			Q-time: 01:16:09
PB (50m pool): 01:16.03 LOCHRISTI 25/01/2026			PB (25m pool): 01:15.32 SB: 01:16.03 LOCHRISTI 25/01/2026
	5 0 M	1 0 0 M	
PB	no time	01:16.03	
	no time		
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:10, starttime: 16:45
Heat: 10/20 Lane : 5 Athlete: HOFMAN ROSE			Q-time: 01:13:33
PB (50m pool): 01:13.33 Antwerpen 13/07/2025			PB (25m pool): 01:11.18 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.96	01:13.33	
	00:35.96	00:37.37	
			

Coach feedback:

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Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:11, starttime: 16:45
Heat: 11/20 Lane : 6 Athlete: SMET ALINE			Q-time: 01:12:51
PB (50m pool): 01:12.51 Antwerpen 13/07/2025			PB (25m pool): 01:09.91 SB: no time
	5 0 M	1 0 0 M	
PB	00:34.92	01:12.51	
	00:34.92	00:37.59	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:15, starttime: 16:50
Heat: 15/20 Lane : 0 Athlete: VANDEN BERGHE YANA			Q-time: 01:08:76
PB (50m pool): 01:17.47 Aalst 11/05/2025			PB (25m pool): 01:08.76 SB: no time
	5 0 M	1 0 0 M	
PB	00:36.38	01:17.47	
	00:36.38	00:41.09	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:8, starttime: 17:20
Heat: 8/18 Lane : 9 Athlete: CLEYNENS STAF			Q-time: 01:27:78
PB (50m pool): 01:34.76 Antwerpen 13/07/2025			PB (25m pool): 01:27.78 SB: no time
	5 0 M	1 0 0 M	
PB	00:46.78	01:34.76	
	00:46.78	00:47.98	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:17, starttime: 17:40
Heat: 17/18 Lane : 5 Athlete: HOFMAN OTIS			Q-time: 01:07:97
PB (50m pool): 01:11.15 Antwerpen 20/07/2025			PB (25m pool): 01:07.97 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.88	01:11.15	
	00:33.88	00:37.27	
			

Coach feedback: